

# Welcome to Thackray Museum of Medicine



## TIMELINE TRAIL

This Timeline trail has been put together for Key Stage Two groups. We hope you enjoy exploring the museum together.

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**Before we start there are some important things to note:**



This sign means there is something for you to watch



This sign means it is time for you to be a detective



This sign means there is something for you to touch



This sign means there is something for you to look at



This sign means there is something for you to think about



This sign means there is an activity for you to do back at school.

# 1. APOTHECARY SHOP

**Our Journey starts on the first floor in our Apothecary Shop  
350 years ago**



Look at the panel outside called Good Humour. This explains that people used to think that how healthy we felt was linked to something called the Four Humours.



Can you find the names of the Four Humours and list them here?

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Look at the four big jars.



Which of the four Humours do you think matches your personality the most?

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What do the people with you think?

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This gallery contains hundreds of Apothecary pots and were once full of lots of different ingredients, used to make up potions (medicines) and attempted cures for illnesses.

Why do you think some people did not trust these mixtures or the people who made them?

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Pick up a Pots and Potions Training Manual and explore the gallery further with your group.

## 2. DISEASE STREET

**Now it is time to head downstairs to the Disease Street.**

**This gallery shows us what life was like in Victorian Leeds 180 years ago.**



Watch the Hannah Dyson Video and join her as she shows you around her street.



Pick a character and find out how hard it was for them to stay healthy in our Hazard trail.

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Would you have liked to have lived on this street?  
Give two reasons for your answer.

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# 3. OPERATING THEATRE

**This is what a Victorian operating theatre looked like.  
Hannah Dyson would have experienced something like this.**



Look around the room and notice what sort of objects are there.

What things surprise you in this room?

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What would you have expected to see that is not there?

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What would you have expected to see that is not there?

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How do you think Hannah would have felt coming into a room like this knowing she was going to be operated on?

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## 4. MAKING US WELL, OUTSIDE IN – PUBLIC HEALTH

It was important that people made changes to the way they lived to stay healthy. This gallery shows us how things improved over time and what people did to make life better.



Explore this gallery and discover some of the things that people did to improve living conditions.

Can you find one way which people improved the water they drank?

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Can you find one way which people improved what they ate?

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Can you find one way which people improved the houses they lived in?

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## 5. DISEASE DETECTIVES

This gallery is all about Germs and the people who helped us discover how to fight them.



Watch the **What is a Germ?** video.



Look around at the tables. Can you find the answers to the following questions?



Which disease did Lady Mary Montague and Edward Jenner help fight against?

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What was the name of the man who performed experiments to show how germs grow?

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Who discovered Penicillin, an antibiotic, which helped save millions of lives?

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## 6. WHO CARES

This gallery talks about all the people who help to keep us healthy and shows us the different ways some people care for each other.



Look at the Nurses uniforms in the big case.



What does a nurse do?

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Which famous nurse's uniform can you see?

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Why was she famous?

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Look at the National Treasure panel on the wall.



What year was the NHS launched?

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Which World Wide conflict (1939-1945) helped people realise the need for the NHS?

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Why was it seen as such an important change?

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Having seen what life was like before it, how do you feel about having the NHS?

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## 7. HEALTH HEROES WALL



Look at the giant picture showing lots of people who help take care of us on the wall.



Who can you spot in the picture?

Can you find any famous nurses?

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Do you know anyone who does any of these jobs?

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Who do you think is your health hero?

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## BACK AT SCHOOL ACTIVITY



Research what has happened in the past 10 years in medicine. Write a timeline of any major medical events you have experienced or know of during your life.

This could include:

**The use of VR**

**The increased popularity of health apps**

**Menthol cigarettes ban**

**The COVID-19 pandemic**